

YOGA

outdoor retreat weekend

Yoga, Journey Dance
Saunas, Pool, Camp fires,
hiking, massage & more



With
Instructor

Joanna Carichner
www.joannacarichner.com

A Journey With Your Heart

March 23-25

2012

Friday-Sunday
5 pm - Noon

Cost \$250

Bring a friend 2 for \$400.
work-trade sliding scale available

Includes 6 vegetarian meals & tent space
Limited indoor spaces extra



Photos of WSC and various retreats

Location: **Wind Spirit Community**

Wind Spirit is an oasis in the Sonoran desert 85 miles from Tucson or Phoenix. We have a diverse landscape filled with organic fruit and nut trees, native vegetation along with a variety of other unique features.

For more information and to register,
www.windspiritcommunity.org
info@windspiritcommunity.org or 520-631-5491