

# The Female Pelvic Floor

*with Leslie Howard*

Visiting Tucson Yoga from San Francisco

**Saturday, April 10, 1-5pm**

Details at [www.tucsonyoga.com](http://www.tucsonyoga.com)

**Cost is \$50** if paid by Wednesday, April 7, or \$55 after. \$10 discount for Tucson Yoga members. Please sign up online at [www.tucsonyoga.com](http://www.tucsonyoga.com).



**Leslie Howard** is a San Francisco Bay Area based yoga teacher. She has taught workshops about yoga and the female pelvis in California and New York, and she taught this workshop at the Yoga Journal conference in San Francisco in 2010.

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